

Full Report (All Nutrients) 45109668, MICHELINA'S, LEAN GOURMET, SHRIMP WITH PASTA & VEGETABLES IN A CREAMY ALFREDO SAUCE, UPC: 717854106283

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	241	106
Protein	g	--	--	11.01	4.85
Total lipid (fat)	g	--	--	5.99	2.64
Carbohydrate, by difference	g	--	--	36.00	15.86
Fiber, total dietary	g	--	--	2.0	0.9
Sugars, total	g	--	--	3.00	1.32
Minerals					
Calcium, Ca	mg	--	--	100	44
Iron, Fe	mg	--	--	1.79	0.79
Sodium, Na	mg	--	--	561	247
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	15.0	6.6
Vitamin A, IU	IU	--	--	499	220
Lipids					
Fatty acids, total saturated	g	--	--	2.996	1.320
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	45	20

Amino Acids

Other

Ingredients

COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA [ENRICHED WITH NIACIN, FERROUS, SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, HALF AND HALF (MILK AND CREAM), BROCCOLI, SHRIMP (WITH SALT, SODIUM TRIPOLYPHOSPHATE), RED BELL PEPPERS, PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CULTURES, SALT, ENZYMES), MODIFIED FOOD STARCH, PARMESAN CHEESE FLAVOR (PARMESAN CHEESE [MILK, STARTER CULTURE, SALT, ENZYMES], WATER, SKIM MILK POWDER, SALT), SALT, CANOLA

